Overseas Adventure Travel℠
Since 1978

WELCOME TO

Sarlat

Your FREE TIME ACTIVITIES SARLAT

Manoir Gisson - former mansion from 13th to 15th centuries. Understand the spirit and lifestyle of Sarlat's 17th-century nobility. Quite easy to navigate, short explanations in every room, views over the city. You will need to climb a few stairs up and down, though.
Price: EUR 8.50 - Open all week from April 1st to Nov 13th 10AM – 6.30 PM
Address: Place des Oies
https://www.manoirdegisson.com/?lang=en

Panoramic elevator - enjoy beautiful views of Sarlat roofs from 80 feet above the ground. Located in the bell tower of the former Sainte-Marie church
Price: EUR 5 - Check opening times on the website.
Address: Rue des Consuls
Disclaimer: it can get very hot in summer.

Truffle museum - Learn everything there is to know about truffles. This museum is located in a beautiful 15th century building listed as a historical monument. Truffle tasting included.
Price: EUR 9.50
Hours to be checked on site.
Address: 9 Rue des Consuls
https://www.museedelatruffe.com/

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ART

Meet with the artist Adrian Kenyon : Politically, environmentally and spiritually engaged collages and oil paintings. Adrian who speaks English, lives in a 14th century building. In summertime other artists use the space for their own exhibition. About 70 steps to go up to his gallery in the attic. www.adriankenyon.com
Gallery opening times: Monday-Sunday 11am-7pm
Address: Hotel de Maleville - 09 75 61 35 97, better to call him a day before the visit

Meet with Kristof Mascher : A craftsman who makes fish leather creations, using a technique from Siberia. Its products are unique leather goods: bags, purses, belts... www.cuirdepoisson-creations.com
Visit: July-September 11AM. to 6PM. except Mondays - Off season by appointment 05 53 51 85 44
Address: 4 rue des Ecoles, Fanlac - 27 km north of Sarlat, 30 minutes by taxi

FOR THE FOODIES

À La Truffe du Périgord : Isabelle and Cynthia run this small family business where you will find excellent quality local truffle products (truffle season Nov-Feb). Tastings available
Opening times: all week 9AM to 7PM
Address: 7 Place de la Liberté

Lou Périgord : local delicacies, one of the 1st producer seller in the Périgord - Françoise Blanc works in the shop (4th generation). Tasting available
Open Tuesday to Saturday 9:30AM to 6:00PM
Address: 4 Rue de la Liberté

Chez Pierro Cheese shop
51 rue de la République
Tue to sat 9H00am to 7.30 pm
https://www.chezpierro-sarlat.fr/

MARKETS

Sarlat Covered Market - in the former Sainte Marie church in Place de la Liberté
Open all year: 8:30AM to 1:00PM everyday - 8:30Am to 6:00PM on Friday

Traditional Market
Saturday : in the heart of the town ; all products 8.30AM-6PM
Wednesday & Saturday morning : place de la Liberté ; food market de 8.30AM-1PM

Sarlat Organic Night Market - place du 14 Juillet (in front of the Post Office).
Thursdays from the 17th of June to the 16th of September 6pm to 10pm

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EXCURSIONS OUTSIDE OF SARLAT

Château des Milandes: Joséphine Baker's former residence
Tour the castle and its gardens and learn more about this figure of the French resistance and exceptional woman.
Open daily, opening times vary depending on the season - check website
Café on-site in touristic season
Rate: EUR 13.50 per visitor

Jardins de Marqueyssac - Great Belvedere over the Dordogne river. The gardens offer 3,7 miles of pathways surrounded by 150 000 hand-pruned boxwoods! Viewpoints offering the most spectacular panoramic views of the valley and its many chateaux. Easy walk. Restaurant for lunch, tearoom, boutique.
5 miles away from Sarlat (25 min drive). Book a taxi to go there.
10 am to 6 pm in winter
10 am to 7.00 pm from April to September and 9.00 am to 8.00 pm in July and August
Rate: on site EUR 10,90
https://www.marqueyssac.com/

Beynac castle - One of the most spectacular medieval castles of the area perched above the Dordogne River. Opened everyday year-round.
8 miles away from Sarlat (20 min drive) JULY and AUGUST OPEN from 9AM to 8PM. Last ACCESS 7PM.
SEPTEMBER OPEN from 10AM to 7PM. Last ACCESS 6PM.
OCTOBER 1st- NOVEMBER 3rd OPEN from 10AM to 6PM. Last Departure 5PM.
Rate: EUR 11.50
Tel: 05 53 29 50 40
https://chateau-beynac.com/?lang=en

Tips - Keep the car for a full day and combine excursions, or add a river excursion.

TAXIS / VANS

Private Driver Christophe - 06 08 70 61 67
Private Driver : Philippe Marquay - 06 73 31 29 18
Private Excursions / Tour à la carte : taxialacarte.com - 06 08 70 61 67
Taxi Bruno - 07 77. 78. 60. 56 / van up to 7 people

Our FAVORITE RESTAURANTS SARLAT

La Petite Borie : very local, not fancy - à la carte or set menu, vegetarian options $$.
Opening times: Open every day: 7-9PM
Address: 4 Rue Tourny, 05 53 31 23 69

L'adresse : A dining room that looks like a bistro, opened by a glass roof onto the kitchen. Very pleasant patio in summer. Anthony's cooking is made with fresh products and everything is homemade, even the fries. The menu is inventive and slightly exotic.
Opening times: Wednesday to Saturday 12PM-1.45PM/ 7.15PM -9.30PM
Address: 10 rue Fenelon - 05 53 30 56 19

Aux 3 sens : The Argentinian chef revisits Périgord dishes and offers seasonal, refined and tasty cuisine using fresh, local produce. Everything is delicious $$$.
Opening times: Tuesday to Saturday - 12PM -2PM/ 7PM-9.30PM
Address: 15 Rue Fénelon - 05 53 30 19 59

La Romane : Italian restaurant & pizzeria, homemade dishes, lasagna, salads and meats $$.Opening times: Wednesday to Saturday 12PM-2PM / 7PM-10PM
Address: 3 Côte de Toulouse- 05 53 59 23 88

Le Comptoir Authentique: Restaurant, sandwiches & grocery shop: wine, foie gras, Caviar d'Aquitaine, Truffle Sandwich & other delicacies - vegetarian options $$.
Opening times: Tuesday to Saturday, 9.30PM-7PM also open on Monday during the season
Address: 9 Rue de la Boétie, 05 53 59 09 60

Gueule et Gosier: Excellent restaurant, local cuisine with a modern chef's twist. By far my favourite. $$
Opening times: Daily except Wednesday lunch time
Address: 1 Rue de la Salamandre, +33 (0)5 53 59 24 96

Coin Coin: Excellent restaurant, tapas-style local recipes with a modern twist. The owner is a real character (he is also the chef and bartender. $$-$$$
Opening times: to be checked regularly
Address: 5 Rue du 8 mai 1945, +33524151292

Our FAVORITE RESTAURANTS SARLAT

Auberge le Mirandol $$ Typical recipes of the region cooked with fresh local produce. Do not miss the grotto downstairs.
05 53 29 53 89
best to book
12:00 – 2.00 pm & 7:00 pm – 9:00 pm
Address: 7 Rue des Consuls

Hotel Dieu Local - traditional cuisine served in a former 16th century hospital.
Open every day 11:45 am -02:00 pm and 06:45 pm -10:00 pm
Address: 19 rue de la République
09 83 70 86 56
https://hotel-dieu-restaurant-sarlat.eatbu.com/?lang=en

Les Toqués de la Noix - $ very good option for a light lunch: sandwiches or salads with local produce. Fresh produce prepared on site every day.
8.00 am to 7.00 pm
Address: 13 Rue de la République
05 53 31 94 27

Le Malraux - A friendly restaurant with a terrace, in the heart of the old town serving all the local specialities $$$
Tuesday to Sunday lunch and dinner, Monday lunch
Address: 17 rue Alberic Cahuet
06 42 16 06 57

Local GASTRONOMY AND WINES SARLAT

Sarlat has a long and proud gastronomic tradition that is faithfully maintained today.
The region is renowned for its duck production, and particularly its foie gras production, as well as its artisan cheeses: Cabécou, Rocamadour ; its walnut-based products ; its wild mushrooms, and so much more.
And of course, the prized truffles of Périgord!

Wine lovers are also well catered for in Sarlat:
Along the banks of the Dordogne River many wine regions produce both great value fruity reds and whites, as well as wines of greater quality and complexity.
Highlights include the good-value wines of Bergerac and the dessert whites of Monbazillac.
The reds are predominantly composed of classic Bordeaux varieties: Cabernet Sauvignon, Merlot and Cabernet Franc.
The whites are often a blend of Semillon, Muscadelle and Sauvignon Blanc.

You can expect a good selection of local wines in most of Sarlat's restaurants!

Bon appétit !

My SHOPPING LIST SARLAT

La Coutellerie de Mérilhou: Having a beautiful and very sharp knife is part of the country culture in France. My grandfathers would only ever use their personal pocket knife, only trusted tool. La coutellerie de Mérilhou is a true institution in Sarlat and has a wide variety of choice, including the trusted Opinel pocket knife, but you could also take back a mushroom knife.
Opening times: Tuesday - Saturday, 10AM-7PM, closed between 1PM and 2PM
Address: 18 Rue de la République

Tout sur la noix: Artisan made local delicacies, based on walnuts and truffles.
Address: 6 Rue de la République

Chantal Jean, glass artist: During the optional tour, you will meet Chantal, stained glass artist.
In her workshop, she offers a selection of handmade jewellery, as well as small light catchers.

L'auberge du bonheur: During your visit at the foie gras farm, you will be able to buy duck confit and foie gras directly from the producer.

Other souvenirs from Sarlat and the Périgord:

- a religious souvenir from Rocamadour,
- Rocamadour has a full street of souvenir shops for all budgets,
- truffled mustard from the market,
- truffle oil from a delicacy shop,
- Sarlat has some lovely second-hand shops.

On your way to Carcassonne: The specialties of Albi

- Candied violettes of Toulouse, ideal for pâtisserie decoration
- The last pastel artisan: clothes died in the colour of Albi, pastel crayons, paint, pigment, watercolours, a treasure for artists
- The Toulouse-Lautrec museum gift shop is full of nice and high quality gifts